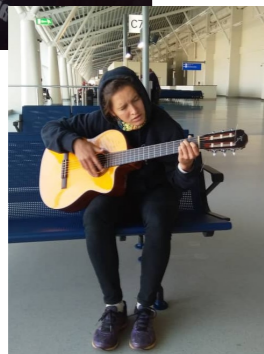


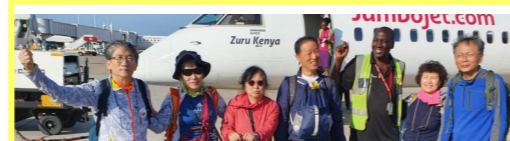
# Regional Africa Meeting – Uganda

Monday 9th – 13th Friday September 2019  
By Lèmorah BENBOW – Youth Rep'



**CONFERENCE ROOM:** We used the restaurant and ate out on the Khondi—which worked well. We had borrowed projectors and our own laptops. We arranged the tables and chairs ourselves so we could all see each other. I put up the Malawi display below while Francis entertained and taught guitar really well to interested delegates—well done

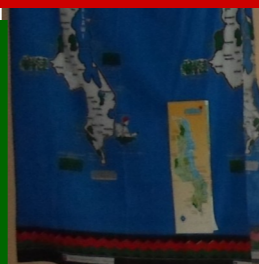
**TRAVEL:** Saturday evening flight via Malawi Air to Dar Es Salam. 9hr+ wait for the Ethiopia connection to Addis and back down to Entebbe – Uganda for early Sunday morning 1pm  
↑ Above airport issues – amusing myself playing guitar and the plane journey plastic waste of just me-1 person. Makes me cry! Conference Malawi team at this conference = Francis MIJIGA = National Secretary Rep', Lèmorah = Junior Youth Rep'. Moses and Maggie booked us the \$780 flights each. \$50 visa for Lèmorah.



**CITY:** Kampala (Uganda's capital) was busy, messy, congested, noisy and growing. The hotel was near the university which made it quite convenient—photocopy shops nearby.



**ACCOMMODATION:** For x5nights Hotel Batavia. It was just fine—better when we got hot water on day 2☺. Food was international with plenty of great fruit. Youth shared rooms together - which was a good idea, as we could chat & not disturb each other if we got to bed too late!



Met by a taxi that dropped us at a petrol station out of Kampala where we were met by Ugandan Servas host Eva taken to her home to catch up on sleep and a bite to eat.



The Youth Newsletter team. Moving forward & upwards!



MEN EMPOWERMENT

WOMEN EMPOWERMENT!

**CONFERENCE DELEGATES:** We were x32 from = Turkey, \*Korea, \*Malawi, Botswana, Kenya, Tanzania, Uganda, Rwanda and Portugal. Two guitar players from \* thanks!

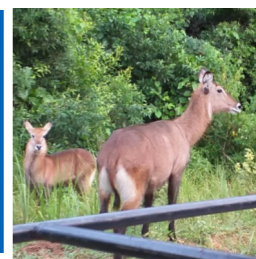




**OPENING CEREMONY:** Lots of African dancing—can you do it — can you shake 'it'? Mr Ha and Francis made the atmosphere very mellow with their spontaneous playing. THANKS! Being serenaded over breakfast was unusual & VERY sweet.



**FRIDAY 13th DAY OFF:** We went to the Wildlife Conservation Centre—great. We chilled at the Botanical gardens playing football having lunch and dinner—getting to know each other better. Everyone got on v.well . We even did spontaneous beach clean-up. Yeh!



**MUSIC:** Francis's willingness to teach youth and do it so well saw Aisha singing 'I had a dream' by Abba's after x1 lesson! And 'Today is a happy day, today is a Servas Meeting' by Mr Ha.



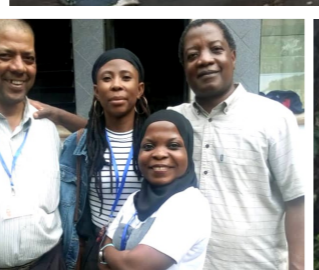
**PEACE GAMES:** So hard to get everyone up and taking part but once involved they were off . . . Chinese Whispers being the favourite of everyone and Pass the orange and Pass the orange behind your back!



**Malawi Quiz winner: Prossy v.happy!**



**BIKE PEACE TOUR:** Saturday 14th and the 'bikers' left for Jinja and everyone else left to fly/travel by land home. It looked like such fun and I was SO sad to miss it! ☹️



**Maggie N/S Uganda, 'I love you but I just can't smile'? Give us a grin Mr Choi N/S of Korea ☺️**



**DISCUSSIONS:** The sessions started with country presentations; the challenges we face and the solutions we have each found. We watched tourist videos on our various countries and Dalton gave great session on Getting your hostlist online—lots of questions.



**EVENINGS:** I spent mine doing co-ordinating the newsletter team. Older youth went out on the town!

