

SICOGA NEWS 2022

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News from SI Media & Communications team (SI MCT)

TRENDING TODAY

- Election Results
- How many languages do you speak? Meet Rachana Mahajan!
- Indian traditions and colourful clothes
- First win of the day
- Mysterious photo revealed! Did you guess it right?



Smiling previous and new Exco members.

Credits to Manish Jail

Election Results!

The new Exco and committee members have been elected! Radha Radhkrishna (previous treasurer) was elected as the new Servas International President. All 37 delegates with voting rights trusted him with the role. Carla Kristensen stays as Vice president. The rest of the Exco positions are the following:

- Treasurer: Jain Suresh Sohanlal
- General Secretary: Jonny Sångänger
- Peace Secretary: Francisco Salomón Luna Aburto
- Membership and Technology Secretary: Paul Nielsen

Following that, Craig Melrose was elected as Distant Vote Administrator and the committees have been fully filled.

- Development Committee: Pamela Yang, Neuma Dantas, Jamie Robertson, Bhudeb Chakravarti and Evren Özkan.

- Youth and Families Committee: Bogdan Ionescu, Elena Olivera Begué, Mehmet Ateş, Raffaella Rota and Hiren Goradia.

- Internal Audit Committee: Yukiko Namariyama, Gulsen Elyak and Ana Rita Gama.

During the Sicoga "Closing ceremony" there was a session called "Show of appreciation" where the invaluable work of a large number of Servas International volunteers names were put in the limelight by SI Exco and other key persons behind SICOGA 2022.

Steps to find the results of the election:

1. Go to servas.org
2. Go to "Community".
3. Go to "International Conferences".
4. Go to "Sicoga 2022".
5. Go to "Assembly".
6. Go to "Elections".
7. Follow the link under "documentation" title.

Otherwise, follow this link: <https://servas.org/en/nominations-and-elections>

Many thanks to all the volunteers who have contributed over the last 4 years to this amazing project of Servas.

Good luck to all the new volunteers!

Elena Olivera Begué



Views from the elephant's view point. Credits to Elena Olivera Begué

How many languages do you speak? meet Rachana Mahajan

After my graduating, my mother suggested me to learn a language. After learned chinese I applied for a scholarship for six months in China (I even knew Jackie Chan, working as an interpreter) living there it was easy for me to understand their culture and mentality, also learned to cook chinese food, I was so happy.

In Pune I worked as a translator and interpreter and enjoyed a lot, my parents were happy, I was independent and then, the pandemic hit. Mr. Abhay Shaha is a very good friend of my family and suggested me to join Servas, so I became a member;

since I had time, I sent a mail and after some mails exchanged I began to learn Korean online with Mr. Kee Joo Tack.

Today I am attending SICOGA 2022 in India, so I am so happy to practice with my Korean and Chinese Friends and happy to translate some things here and there.

I feel so happy that I am improving my languages, enjoying being Servas. The journey has just started.

Curious facts:
When a baby is born in Korea, they are already 1 year old.



Rachana Mahajan with Jackie Chan.



Rachana Mahajan during SICOGA.
Credits to Lilli Kereke

Indian traditions and colourful clothes

The saree is one of the most typical and amazing pieces of clothing you will ever find in India. It consists in one single fabric, usually large more than one meter and long between 5 and 9 meters, entirely wrapped in order to be worn and used.

Since it is officially one of

the most important Indian traditions, some of the youth volunteers wanted to try it out. This occasion and this beautiful photo were once again made possible by the incredible kindness of our hosts.

Sebastiano Foresti



Young volunteers trying out the beautiful Indian saree dress.

Credits to: Manish Jain



SICOGA participants successfully waking up to see the sunrise on top of the Asia Plateau. Credits to Manish Jail

First win of the day

Every day after finishing your day long fight with life when you reach to the bed, you make a promise to yourself and setup the alarm accordingly. Every morning you realize that waking up is a mental act and getting up is a physical act. Between these two actions is hidden your first victory or first defeat of the day.

Your body, which is perceived as 'low', persuades your mind considered 'high' to go to sleep a little longer by setting off the alarm or postponing it (snooze). By surrendering to this pressure of the body, you start your day with an unwanted defeat. It is a matter of contemplation that when you cannot fulfill the promises made to yourself, then what can you expect from your life?

Your very first image every day in your own subconscious is that you do not have any control over your body. When you start the day with this defeat, the feeling of accepting defeat easily arises in your subconscious and it becomes difficult for you to gain control on your today's life as a winner.

By not fulfilling the promises made to yourself and starting the day as a loser, your attitude tends to be difficult, avoidant of life's struggles and escapist. The first glorious victory of the day is the difference between waking up and getting up is very important and a deciding factor about how your day is going to be. To be a winner, you have to conquer yourself every day.

Good Day

Rajkumar Jain



Waking up like a flower blooms Credits to Manish Jain.



Left to right: Rachana, Susana and Lidia
Did you guess it right?

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