

PEACE WALK

REGISTER HERE

When: First Walk: 16th to 25th October 2024 or Second Walk 28th October to 6th November 2024

Where: Western Australia. Walking from Cape Naturaliste to Cape Leeuwin.

The Walk is 135 Kilometres and while it's not technically difficult, the terrain can be arduous, testing hips and knees! The walk is over 7 days and we have a rest day in between for a day at the wineries, in and around Margaret River.



For Who: Each walk is restricted to only 9 people (Servas Members). Men and Women of all ages are welcome. The walk does require reasonable fitness and stamina i.e. the ability to walk approximately 20Km/day for seven days. On some days there is a lot of walking on soft sand. When walking you will have a day pack to carry the water you need for the day along with your lunch and morning tea and your all-weather gear.

The Cost: AUD\$1300 per person. This price includes accommodation, the hire of the bus and fuel plus accident insurance, and nearly all meals with good quality breakfasts, packed lunches and 2 course dinners. For meals it is expected the group will assist with the preparation and clean up.

Not Covered by cost: Any International Airfares, Visa requirements and accommodation costs other than those mentioned in the itinerary.

Confirmation and Cancellations:

For each walk there is only 9 places. To Register, please use the <u>form</u>. Once we receive your registration, we will reply with the payment instructions. Your place will be confirmed when the Walk fee of AUD\$1300 has been received along with evidence of your insurance (see 'Insurance' below). A wait list will be kept in case any places become available through cancellations.

Insurance: All walkers coming from abroad must have evidence of having purchased Travel Insurance that will cover them in the event of a personal emergency during the walk. At the time of registration, we require some sort of evidence (scan or screen capture) that you have this Travel Insurance. Any Australian walkers will be required to sign up to the Gold Coast Bushwalkers club (Cost \$35) to be covered by their insurance ... A receipt of payment is required as evidence of membership.

Refunds: In the event of a cancellation, we will attempt to fill the position from the wait list. A refund will only be given if a replacement walker is found.

The Walk Details

The walks are Self-Led. Prior to the walk everyone will receive basic instructions. Regular bushwalkers in any club know the basics but it is essential everyone in the group understand what is expected in a Group walk like this. Each day the group will nominate who will be leader for the day. After walking as a group for 7 days, we hope you will become best friends.

Each day, Dee (our walk coordinator/driver/caterer) will give a morning briefing, discussing the walk, providing maps. It is important the group walks as a group. Dee will brief everyone about the principles of a group walk and ask everybody to abide by the recommendations to ensure the safety of the group and to avoid any possibility of someone becoming separated from the group.

Dee will ensure everyone has the emergency app on their phone and make sure they know how to use it. It's also mandatory for all walkers to carry a first aid kit with a snake bandage and know how to use it!

Itinerary:

Note: We will try to find Servas hosts for walkers in Perth prior to the walk but we expect we might not be able to finds hosts for all walkers.

Day 1	Leave 7:30am from Perth
	Arrive 11am Busselton meet Dee the walk coordinator
	Travel by bus to the start of the walk at Cape Naturaliste.
Day 2-4	Walking days – Spend evenings in Chalets.
Day 5	Rest and enjoy winery tour.
Day 6-9	Walking days – Spend evenings in Chalets.
Day 9	Finish the walk at Cape Leeuwin
Day 10	Bus back to Busselton via Cowaramup
	Leave Busselton at 1pm and bus to Perth city/airport

Accommodation:

The price includes 9 nights in chalet or cottage accommodation in wonderful locations. The rooms are for 2 to 4 people. Couples can be in the same room but may have to share with another person. We relocate accommodation twice as we progress down the coast So you may be sharing with different people as we move.

Food

The event is catered by the tour manager but assistance with food preparation, cleaning up and washing up is expected from the group. By default, all meals are meat and vegetables. Vegetarians can be catered for but not vegans.

Weather:

The region is known for 4 seasons in one day. Daily averages highs around 20 Celsius (c) and Low around 12c of course you will be inside for the lows. These are averages and it can get as hot as 30c and as low as 4c. It is probable some rain will be encountered.

What you will need to bring:

- Comfortable walking boots/shoes/hiking sandals and enough socks
- Evening Clothes: 1-2 changes of clothes
- Walking Clothes: 1-2 changes of clothes
- Personals and PJs as needed (including toothbrush etc)
- A day pack to carry your supplies for each day.
- A medium sized bag: please don't bring a large suitcase.
- It is recommended to have a breathable rain proof jacket, a warm top, a beanie and a sun hat.

It's not unusual to begin a warm day and finish with jacket and beanie.

Laundry facilities are available at all locations.

Other Considerations:

Extras: The cost of the walk includes all the food and drinks (tea, coffee, water) needed but if you feel the need, before the walk starts, you will be given the opportunity to purchase snacks and drinks. Alcohol is allowed albeit excess drinking may impede your ability to walk.

Help the Host: Help with food prep and dish washing is encouraged.

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