





Servas Youth Eco-Camp

Summer 2023 - 20th to 25th of August

Val Maira Valley (Cuneo, Italy)



You want to spend a few days with the young people of Servas, surrounded by magnificent natural landscapes? Come to the Youth Servas Eco-Camp 2023 in Val Maira Valley, Italian Alps!

This Summer camp is open to any Servas member from 18 to 35 years old, and is organized by the Italian and French Youth Servas Groups.

There will be a lot of fun activities, hiking, workshops about sustainability, peace and intercultural exchange! (4)

Activities are not mandatory, but keep in mind that this camp is organized by volunteers and it is nice to participate altogether.

Quick program: 🧶

- Hiking
- Workshops about sustainability and Environment
- Visits and discussions about war, peace and resistance (Val Maira Valley was a special place for resistance during the 1st and 2nd World Wars)
- Cooking together and bonfire activities
- Yoga, Games, Music, Dance, Singing (for those interested)

Things to bring: 🏩

- Sleeping bag or sheets
- Mattress (if you sleep in a tent)
- Waterproof windbreaker / cape / K-way
- Warm and comfortable clothes for the evening and night
- Sport clothes for the day
- Hiking shoes (or sneakers if you don't have)
- Another pair of shoes (+ sandals if necessary)
- Lights
- For personal cleaning: toothbrush, toothpaste, Marseille soap, towel, bathing suit (if you want to bring more to wash, 100% biodegradable products are better, Marseille soap is).
- Personal cup
- Full water bottle, mess tin, fork and opinel / small knife
- Sunscreen
- Hat or Cap
- Sunglasses
- Small backpack for carrying personal things during the small trips
- Musical instruments (if you want)
- An activity to present your country or hometown (picture / game / dance / song / whatever 🏂)

Practical information : *

We will stay at rifugio Sant'Anna 12020 Roccabruna, Province of Cuneo

Meeting place: Cuneo City, Italy (there will be busses and shuttles to join the house in the mountains)

How to arrive:

- Train station of Cuneo
- Plane to Torino or Milano then train to Cuneo
- Car: Cuneo City, more precise information will be given later

Cost? 100€ (It includes 5 nights, food, activities, shuttle)

How many places?

There is a limit of 28 places, so if we get more subscriptions we'll create a waiting list.

Registration will close on 30 June.

We'll confirm if you have a place and send you bank details for payment.

Payment will need to be done within 15 July.

Subscribe now here!!

For any question don't hesitate to contact us:

servasSumCamp2023@gmail.com

Ps: If you would like to arrive before or stay a little longer you could contact local Servas members in advance.

We could help, let us know! 🌻

See you soon!

With love,

Servas Youth Italy and Servas Youth France